## OUTREACH 1-SCHEDULE 2024

| DAY | DATE | PICKUP @ CPS | DROP-OFF @ CPS | Planned Activities and Reminders |
| :---: | :---: | :---: | :---: | :---: |
| 1 | Saturday, July 6 | 8:30AM | 4:00PM | Activities <br> - Welcome <br> - Orientation \& Swim Test <br> - Intro to Canoe Skills <br> Reminders <br> - Bring all Barn Day equipment |
| 2 | Sunday, July 7 | 8:30AM | 4:00PM | Activities <br> - Navigation <br> - Basics of Canoeing <br> Reminders <br> - Be sure to wear running shoes for morning fitness <br> - Please bring your student manual every day <br> - Bring ALL of your clothing/gear that you will be taking on trip to Gould Lake! |
| 3 | Monday, July 8 | 8:30AM | 4:00PM | Activities <br> - Safe Tripping <br> - Fire Building \& Safety / Knots \& Shelters <br> - Portaging and paddling <br> Reminders <br> - Navigation Assignment Due |
| 4 | Tuesday, July 9 | 8:30AM | 4:00PM | ACtivities <br> - Nutrition \& Hydration <br> - Low Impact Camping <br> - Bear and Critter Management <br> - Group Development, Leadership \& Communication |
| 5 | Wednesday, July 10 | 8:30AM | 4:00PM | Activities <br> - First Aid \& Preventing Common Injuries <br> - Emergency Scene Management <br> - Self-Care <br> - Decision Making \&Substance Use <br> Reminders <br> - Nutrition and Hydration \& Substance Use Assignment |
| 2 DAYS OFF (Thursday, July 11 \& Friday, July 12) |  |  |  |  |
| 6 | Saturday, July 13 | 8:30AM | 4:00PM | Activities <br> - Eco-Challenge <br> - History of Algonquin Park <br> - Species Identification <br> - Route Preview <br> Reminders <br> - Staff Meet and Greet tonight at CPS (starting at 4PM) |
| 7 | Sunday, July 14 | 8:30AM | 4:00PM | Activities <br> - Pack for Algonquin Park <br> Reminders <br> - Bring ALL of your Algonquin Park trip clothing/gear |


| 8 | Monday, July 15 | 6:00AM | - | LeAVE for Algonquin! <br> Reminders <br> - Be @ CPS at 5:45AM so the bus can leave at 6:00am <br> - Bring a bag lunch (no containers) and water bottle <br> - Do not bring any extra clothing/blankets/pillows/ electronicsas they will have to be left on the bus. <br> - Bring \$ for lunch on the way home after the trip |
| :---: | :---: | :---: | :---: | :---: |
| Canoeing in Algonquin Park |  |  |  |  |
| 16 | Tuesday, July 23 | - | 4:00PM | Drive home! <br> - Bus arrives at CPS approx. 4:00pm. <br> - Check GL website for updated bus arrival time |


| "BARN DAYS" BUS PICK-UPS | "BARN DAYS" BUS DROP-OFFS |
| :---: | :---: |
| Centennial PS- 8:30AM | Loughborough PS - 3:30PM |
| Elginburg PS - 8:45AM | Elginburg PS - 3:45PM |
| Loughborough PS- 9:00AM | Centennial PS-4:00PM |

